

Salford City Academy PE Yearly Overview

Year 7	Autumn 1	Autumn 2
Boys –	Transition	Football - Astro
Girls –	Transition	Netball – SH1
Mixed -	Transition	Invasion Skills – SH2/yard
	Spring 1	Spring 2
Boys –	Handball – SH1	Fitness – DS
Girls –	Fitness – SH2/DS	Gymnastics – SH1
Mixed -	Fitness – SH2/DS	OAA/Team building – SH2
	Summer 1	Summer 2
Boys –	Athletics – Field	Rounders – Field
Girls –	Rounders – Field	Athletics – Field
Mixed -	Striking and fielding - Field	Athletics - Field



Year 8	Autumn 1	Autumn 2
Boys –	Football – Astro	Table Tennis – SH1
Girls –	Netball – SH1	Fitness – SH2/DS
Mixed -	Striking and fielding – SH2	Fitness – SH2/DS
	Spring 1	Spring 2
Boys –	Basketball – SH1	Fitness – SH2
Girls –	Trampoline – SH2	Dance – DS
Mixed -	Leadership - DS	Invasion skills – SH1
	Summer 1	Summer 2
Boys –	Athletics – Field	Rounders – Field
Girls –	Rounders – Field	Athletics – Field
Mixed -	Trampoline - Field	Athletics - Field

Year 9	Autumn 1	Autumn 2
Boys –	Football – Astro	Table Tennis – SH1
Girls –	Netball – SH1	Fitness – SH2/DS
Mixed -	Striking and fielding – SH2	Fitness – SH2/DS
	Spring 1	Spring 2
Boys –	Basketball – SH1	Fitness – SH2
Girls –	Trampoline – SH2	Dance - DS
Mixed -	Leadership - DS	Invasion skills – SH1
	Summer 1	Summer 2
Boys –	Athletics – Field	Rounders – Field
Girls –	Rounders – Field	Athletics – Field
Mixed -	Trampoline - Field	Athletics - Field

